## Winter DELACH



**When**: Beginning Feb. 20th, EliteVBTC will offer a one day a week sand training opportunity for those interested in getting a jump on the upcoming summer beach program.

Format: Training will be offered on Tuesday, Wednesday, and Thursday from 4PM to 6PM. You can choose any one of those days that fits your schedule to participate. Focus will be put on skill development and competitive reps.

**Where**: Training will take place at Flannagans Dublin at the new indoor sand facility.

Cost: \$75/month.

For information contact Rob Long longenterprises@fuse.net