



Beach Volleyball FAQ

Elite Volleyball Training Center's Beach program is staffed by coach(es) who have played high level volleyball both on the sand and indoor collegiately or professionally. Randy Cline, owner of Elite, is a former professional beach volleyball player himself and is very passionate about positive, quality instruction at every level.

How does practice work?

Beach volleyball is played with 2 players on a team. It is not required to have a partner for the beach training program. Most drills will be set up so that you are rotating partners throughout the practice. Since tournaments are optional, each athlete is required to find their own partner for a tournament. Practices consist of basic skills training, a review of unique beach rules/restrictions, two-player strategy, and scrimmages. Practices are 2 hours, 2 days per week. See the website for your specific practice times.

We are on vacation this summer and we'll miss several practices. Will that be a problem?

Not at all. Attendance isn't taken, so come to as many or as few as you like. Your partner can still attend training session even if you are not there.

Do we have to stay with the same partner the whole summer?

Unlike the indoor game, all seeding points are connected to you as an individual. You can change your partner every week for tournaments. Partners can come from within the EliteVBTC club, from another beach program, or someone who's not participating in beach at all. You can even switch partners after every event if you like, though there is an advantage to learning to work with the same partner.

How do tournaments work?

Tournaments are not included in your Beach Volleyball Fees. You can sign up for as many tournaments as you like. There are youth Beach Tournaments all over the Nation. You can travel as far as California to play, or you can play right here at EliteVBTC. We are hosting a large number of tournaments. Most of them are week night tournaments to free up your weekends for other tournaments or family events. They typically start at 5pm and end around 9pm. Costs range from \$30-\$60 per team. You can decide to only attend practices and never sign up for a tournament, or you can try to play as many tournaments as you can in the 2-month period. The schedule is completely up to you.

Will a club coach be at the tournaments?

Beach volleyball is considered a "self-coach" sport. On some occasions, a coach might attend a tournament if multiple teams are playing, but this is not common. That's why strategy will be a focus during the weekly practices.

What age groups are there?

Age groups are divided into 12U, 14U, 16U, and 18U. If your athlete played 12U for the indoor season, she will play 12U for Beach. A 13 year old would need to play up in the 14U age group.

What's the difference between the "National Tour" division and "Regional Tour" division?

While both divisions are competitive. National Tour is reserved for our older athletes and some younger athletes who prove they can play with the older more competitive girls. You must be invited by your



club director to participate in the National Tour. The Regional Tour is open to everyone on a first come first serve basis. The National Tour will practice in the evenings and the Regional Tour will practice in the morning. Don't let practice times hinder your decision to join the Beach Program. Reach out to Randy to discuss options if you need a different practice time.

Will playing beach have adverse effects on my child's indoor game?

Beach Volleyball requires each athlete to perform all volleyball skills in the same rally. Your athlete will need to pass, set, hit, block, dig, and serve to win. This will help her indoor game tremendously. Your student-athlete will find they gain speed, quickness, jump strength, and specialized skills that will benefit them when they go back indoors.

Can I get individual lessons for my child?

Yes. This can be arranged through Elite Volleyball Training Center.

Does my child need to have an OVR number?

Yes. If your child is already playing indoor club volleyball, that's the only number needed. If your child hasn't yet played club in this year, you will need to enroll him/her in [USAV OVR region](#) (click link) for beach volleyball. The cost is only \$15. Other tournaments may require additional memberships. Make sure you research each tournaments requirements prior to registering.

